

TED Talk

WHAT MY RELIGION REALLY SAYS ABOUT WOMEN

By Alaa Murabit

Discussion Guide

INSTRUCTIONS: Watch the TED Talk “What my religion really says about women” by Alaa Murabit (available at www.womenofcolorintheworkplace.com). Use the questions below for a group discussion based on the expert talk. The moderator or a volunteer from the group could jot down key points and ideas following each question.

QUESTIONS FOR DISCUSSION

1. Alaa is proud of her faith and is working to “reclaim” religion. Why do you think this work has become necessary and important for women everywhere?
2. What obstacles do you feel Alaa has faced or facing to take on such a herculean goal?
3. Why is it important to Alaa to study the facts and history about religion?
4. What sort of correlation can you make in Alaa’s message to your life or to the women in your community?
5. What does “being at the table” mean for you in politics, religion and in other aspects of society?
6. Can you think of a message or ideal that should be debunked to liberate the women of color in your region?

Moving forward:

What’s some key takeaways?